

Philosophy of Gin Sen Karate Do & Standards

Gin Sen Karate Do is committed to referring to the *source* of Karate for Kata standards. The name ***Gin Sen*** emanated from the translation of ***Silversprings*** and has the interpretation of “***the source***” – so reflecting the effort to continually refer to the origins of Karate – the source.

Gin Sen Karate Do uses the J.K.A. “standard” 26 Shotokan Kata based on the “Best Karate” Series of books by Shihan Nakayama, with associated filmed material (primarily the J.K.A. “Standard” Series also the J.K.A. “Original” Series), as a basis for training.

Gin Sen Karate Do strives to maintain the historical links via the teaching of the Karate Masters of Okinawa from around the late 1800’s into the early 1900’s (Mubani, Higaonna, Itosu) i.e. ***the source*** from which the major styles of Karate evolved around the 1930’s to 1950’s.

Gin Sen Karate Do recognizes the importance of keeping an open approach to Martial Arts training and that there are important links between what are now called “styles” of Karate, the formation of which has created false boundaries.

Furthermore, Gin Sen Karate Do encompasses the skills and disciplines of all the Martial Arts as important and integral to the full understanding of Karate.

(credit: the name and interpretation and Kanji from which Gin Sen emanated was researched by Rhonda Tsu 3rd Dan (a teacher of Japanese Language))